

A CELEBRATION OF LIFE FOR

Helen L. Copeland

Sunrise: March 26, 1945
Sunset: September 16, 2023



*Don't cry for me. I will be okay.
Heaven is my home now, and this is where I'll stay.*

*Don't cry for me. I'm where I belong.
I want you to be happy and try to stay strong.*

*Don't cry for me. It was just my time,
but I will see you someday on the other side.*

*Don't cry for me. I am not alone.
The angels are with me to welcome me home.*

*Don't cry for me, for I have no fear.
All my pain is gone and Jesus took my tears.*

*Don't cry for me. This is not the end.
I'll be waiting here for you when we meet again.*

By Deborah Garcia Gaitan



Acknowledgement

The family expresses sincere appreciation for the many acts of kindness and sympathy shown to them during this time of bereavement. God Bless each of you!



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Professional Services Provided By

COTTON FUNERAL SERVICE		COTTON-PARKER FUNERAL HOME
130 Main Street	1025 Bergen Street	37 Clinton Avenue
Orange, NJ	Newark, NJ	Jersey City, NJ
973-675-6400	973-926-6400	201-433-1000



SATURDAY, SEPTEMBER 23, 2023 - 10:00 AM

Phillips CME Church

27 Morris Avenue • Newark, New Jersey

Marshall J. Jenifer - Pastor

Rudy V. Carlton - Officiant – Jehovah Jireh Praise & Worship

Obituary

Helen Louise Copeland, affectionately known as ‘Sissy’, was born on March 26, 1945, in East Orange, New Jersey to the late Edward S. Copeland Sr and Marjorie G. Copeland. She was the 6th child and oldest girl out of 9 children born to her parents. Helen entered eternal rest on September 16, 2023.

Sissy obtained her education in the Newark Public School system. She attended South 8th Street Elementary School and West Side High School. At a young age, Sissy accepted Jesus as her Lord and Savior and attended St Paul’s AME Church in Orange, New Jersey, and St Mark’s AME Church in East Orange, New Jersey with her family. Later in her adult life, she united with Jehovah Jireh Praise & Worship Church Center in Newark NJ under the leadership of Bishop Rudy V. Carlton. She enjoyed attending church there with other family members. Sissy began her career working at LIT Drugs in Kenilworth, NJ. She remained in the pharmaceutical manufacturing field working for International Vitamin Corporation for 47 years in various roles and ended her career as a Quality Analyst at retirement in July 2020. She was a dedicated employee and took pride in her job.

Sissy took an interest in cooking and baking leading her to attend culinary night classes for cake baking & decorating. She mastered this skill. She was known for her famous Christmas cookies, chocolate candies, Lemon Lush, and many specialty cakes. Sissy was also an excellent Cook! She had exceptional cooking skills and the family also depended on her to prepare her classic dishes. She loved the holidays and would host many Thanksgiving and Christmas dinners for her family.

In her younger days, she was somewhat of a Fashionista - always classy and dressed for every occasion. She enjoyed spending quality time with her siblings and their children. She truly loved her family. Being one of the younger children, her bond with her siblings was inseparable. Sissy loved to travel and became a great fan of cruising. She loved planning summer vacations with her brother Lenny and sister Peggy. In the early 2000s, she began annually travelling with a group to venture abroad to Europe and many Caribbean Islands.

Her passionate love for kids resonated early in life when she and her sister assumed the guardianship of their Niece, Kim and Nephew, Donnie.

Sissy also helped with the raising of Peggy’s daughter Tiffany. The proudest moment of her life was when she gave birth to her son, Steven. She was an amazing mother. But nothing thrilled her more than when she was blessed with her Grandson, Steven Jace, who was her World. Her Steves brought her daily joy and there was nothing more she loved to do than to spend time with them & spoil them.

Helen was preceded in death by her Parents: Edward S. Copeland Sr and Marjorie G. Copeland, Six Brothers: William H. Copeland Sr, Junius T. Copeland, Marvin G. Copeland Sr, Donald H. Copeland Sr, Leonard S. Copeland, and Herbert L. Copeland Sr, and her sister, Marjorie G. Copeland.

She leaves to cherish her memory her Beloved Son: Steven J. Copeland, Grandson: Steven J Copeland II, Brother: Edward S. Copeland Jr, Nephew: Donald Copeland Jr, Nieces: Kim Muhammed (Hassan) and Tiffany Copeland, Cousin: Tonia Green, Special Niece/Cooking Partner: Charlene Copeland and a host of Sister-in Laws, Nieces, Nephews, Extended Family and friends. Sissy was loved and respected by many, and she will be greatly missed by all.



Order of Service

- ProcessionalClergy & Family
- Prayer of ComfortTia Hogan
- Scripture Readings
 - Old Testament: Psalm 23.....Clergy
 - New Testament: Psalm 121.....Clergy
- SelectionJoshua Nelson
- Open Tributes.....Family & Friends
- Acknowledges/Obituary.....LaRaye Brown
- Selection
- Eulogy.....Rev. Rudy V. Carlton
- Hymn of Consolation.....Joshua Nelson
- Benediction.....Rev. Rudy V. Carlton
- Recessional

Interment
 Fairmount Cemetery & Crematory
 620 Central Ave.
 Newark, NJ 07107

REPAST
Family and Friends are invited to:
The Clubhouse
 205 Spruce Street, Newark, NJ