

A woman with short, dark, curly hair is smiling and looking back over her shoulder. She is wearing a black, long-sleeved, form-fitting leather dress and black high-heeled shoes. She is standing in front of a large, pink and white floral backdrop featuring several large roses. The background is a light-colored wall.

*Celebrating
the Life
of*

Freida Francine Woods-McLean

**Sunrise
July 31, 1953**

**Sunset
March 22, 2021**

Thursday, April 22, 2021 - 10AM

UNITY FUNERAL CHAPELS, INC.

2352 8th Avenue • New York, NY 10027

Obituary

Our dear sister **Freida Francine Woods** passed away on March 22, 2021, she was born on July 31, 1953, in New York City, to her late parents, Mr. Freeman and Frances Woods.

Freida graduated from Mabel Dean Bacon High School. Freida ran track for the Police Athletic in the early 1960's, as one of its best runners, and was very active in the Frederick Douglass Community Center.

Later on she married and divorced. She moved on with her life with her first and only child, Joe Grant, Jr. Freida had a desire to pursue Nursing, like her mother. She attended school at Touro College, but she began to get ill and was hospitalized constantly, but had miraculous recoveries.

Freida was on the go, traveling around the country and was very deep into music. She was a social person, always inviting friends and family to her home for the holidays and events.

Freida leaves behind: her son, Joe Grant, Jr. "Jojo"; her granddaughter, Joselyn-Ruby; friend, Joe Grant, Sr.; her sisters, Andrea, Virginia, Susan and Margaret; sisters-in-law, Lisa and Carol; her brothers, Ira, Charles, John and Johnny (In Memory, her late brother, Wilbur "Boogie"); her nieces, Deshawna, Keisha, Joseline, Jadalyn, Lisann, Melissa, Vanessa, Julie, Mauri, Lakhesha, Nikaja, Da've, Simone, Kayara and Harlem; her nephews, Shannon, John, Johnny, Alberto, Stephen, Stephen Jr., David, Barrington, Isaiah and Paris; and many relatives and friends we could not remember.

*We love you Freida, that's what Jesus told us to do,
"Love one another".*

Order of Service

Processional

Selection

Scripture Readings

Prayer

Selection

Acknowledgements

Remarks

Obituary

Selection

Eulogy

Committal

Viewing

Recessional

INTERMENT:

Maple Grove Park Cemetery
Hackensack, New Jersey

I'm Free

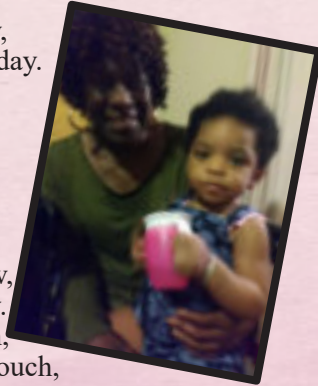
Don't grieve for me, for now I'm free,
I'm following the path God laid for me.
I took his hand when I heard his call,
I turned my back and left it all.

I could not stay another day,
To laugh, to love, to work, to play.
Tasks left undone must stay that way,
I've found that peace at the close of the day.

If my parting has left a void,
Then fill it with remembered joy.
A friendship shared, a laugh, a kiss,
Ah yes, these things I too will miss.

Be not burdened with times of sorrow,
I wish you the sunshine of tomorrow.
My Life's been full, I savoured much,
Good friends, good times, a loved one's touch,

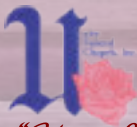
Perhaps my time seemed all too brief,
Don't lengthen it now with undue grief.
Lift up your heart and share with me,
God wanted me now, He set me free.



Acknowledgement

***The family acknowledges with deep appreciation all acts of kindness extended to them during this bereavement hour.
May God bless you for all your thoughtfulness and concern.***

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