

*Celebrating the Life of*  
*Tammy Gist*



**Sunrise**  
**March 29, 1966**

**Sunset**  
**June 16, 2020**

**Thursday, June 25, 2020 - 10am**

**UNITY FUNERAL CHAPELS, INC.**  
2352 8th Avenue • New York, NY 10027

# Obituary

**Tammy Elizabeth Gist** was born on March 29, 1966, in Manhattan, New York. Tammy was the first daughter of Marie and Theodore Roberts.

Tammy attended St. Augustine Catholic School in the Bronx, from grade one until grade seven. After graduating, she attended Norman Thomas High School the following year (1980). Tammy graduated four years later in 1984, with a Regents Diploma. In 1985, she attended Newbury College right outside of Boston for Nursing. However, for financial reasons Tammy came home to find employment.

A year later in 1986, Tammy married her longtime boyfriend and love of her life, Stephen Gist. Their union lasted over thirty years, until the sunset on Tammy's life.

Tammy is survived by: her loving husband, Stephen Gist; her sons, Stephen Gist, Jr. (oldest son), Shammarr Gist and Savon Gist; her daughters, Sheneal Gist (oldest daughter) and Sanni Gist; her mother, Marie Roberts; her sister, Allison Roberts; and niece, Nia Roberts.

# *Order of Service*

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Minister Marie Wilkie, Officiating

## **Organ Prelude**

**Processional**  
Clergy and Family

**Invocation**  
Min. Marie Wilkie

**Selection**  
“Precious Lord” - Min. Marie Wilkie

**Scripture Readings**  
Old Testament - Psalm 23  
New Testament - John 14:1-6

**Prayer of Comfort**  
Min. Marie Wilkie

**Obituary**  
Min. Marie Wilkie

**Tributes/Remarks**  
Rena Carter  
(On behalf of Stephen Gist to Tammy Gist)  
Sanni Gist  
Shammarr Gist  
Stephen Gist, Jr.  
Savon Gist

**Eulogy**  
Min. Marie Wilkie

**Selection**  
“Going Up Yonder” - Min. Marie Wilkie

**Passing Glimpse**  
Funeral Director

**Benediction**  
Min. Marie Wilkie

*Interment*  

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Mt. Rest Cemetery  
Butler, New Jersey

## *I'm Free*

Don't grieve for me, for now I'm free,  
I'm following the path God laid for me.  
I took his hand when I heard his call,  
I turned my back and left it all.

I could not stay another day,  
To laugh, to love, to work, to play.  
Tasks left undone must stay that way,  
I've found that peace at the close of the day.

If my parting has left a void,  
Then fill it with remembered joy.  
A friendship shared, a laugh, a kiss,  
Ah yes, these things I too will miss.

Be not burdened with times of sorrow,  
I wish you the sunshine of tomorrow.  
My Life's been full, I savoured much,  
Good friends, good times, a loved one's touch,

Perhaps my time seemed all too brief,  
Don't lengthen it now with undue grief.  
Lift up your heart and share with me,  
God wanted me now, He set me free.

## *Acknowledgement*

***The family acknowledges with deep appreciation all acts of kindness extended to them during this bereavement hour. May God bless you for all your thoughtfulness and concern.***

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*Clifford V. James, President & CEO*

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