

# *In Loving Memory of Freddie Michael Saffold*

Sunrise  
June 20, 1955

Sunset  
December 14, 2019



**Funeral Service**  
**Saturday, December 21, 2019 - 10:00 a.m.**

**Good Neighbor Baptist Church**  
100 Chancellor Ave, Newark, NJ 07112  
Rev. Dr. George A. Blackwell, III ~ Pastor  
Rev. Nicholas Johnson, Officiating

# *Obituary*

**Freddie Michael Saffold** was born in Houston County, Alabama to Gainsetta and the late Harvey Saffold.

Fred and his family moved from Alabama to the Northeast in 1963. Fred was educated in the East Orange Public School System. He's a proud graduate of the East Orange High School Panthers, Class of 1974.

Upon graduation Fred immediately began working at Bar-Lo Carbon as a toolmaker, where he remained a loyal employee for more than forty years until his retirement in 2018. Always a hard worker he took up an additional job at UPS where he gained a new family and remained for 18 years until his retirement in 2019.

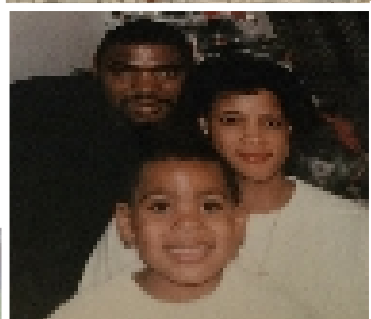
Fred married Tasha in 1989 and to this union Matthew was born. Having already been blessed with his son Michael, Fred liked to call them his M&Ms. In 1991 Fred and Tasha moved to Hillside, New Jersey where he became very active in the community, coaching Little League Baseball, Recreation Basketball and Pop Warner Football. He was affectionately known as 'Coach Fred'. Fred's impact extended beyond coaching sports; he encouraged and empowered many youth in Hillside. Fred was highly regarded by all who knew him.

Fred was an avid fan of Alabama Crimson Tide Football, Georgetown Hoya Basketball, the New York Giants, Knicks and Yankees. He loved sports and played football at East Orange High School along with his brother, Bob.

Fred was preceded in death by his son, Michael, his brother Bob, his father, Harvey, his dear grandmother, Frances 'MaDear' Johnson, mother-in-law Sandra Williams and step-father Pedro Myrill.

Fred will always be cherished by his dear wife of thirty years, Tasha, his loving son Matthew and mother Gainsetta Myrill; grandmother Esther Williams; brothers-in-law Gary and Lance; nieces and nephews, Swalisha, Deshon (Val), Blair, Tia (Rachel), Daniel, Dana and Danielle; aunts and uncles Robert Williams, Kim Campbell (Keith), Priscilla Redden (Henry), Beatrice Barber (Johnny), Althea Starks (Gene), Sarah Alford (Pete), Joan Wilcox (Charles), William Mullins (Janice), Jerry Mullins (Soungia), Johnnie Mullins (Trina), Mechelle Mullins (Theresa), four step brothers, one step sister, great nieces and nephew Sanaiyah, Iyana and Jayden, and a host of relatives and friends.

He is also survived by his dear cousins, Belinda Larkin and Kenneth Johnson, close friend Stephen Alexander and treasured friend of more than forty years, Clarence King.



# *A Limb Has Fallen*

A limb has fallen from the family tree.

I keep hearing a voice that says,

Grieve not for me,  
Remember the best times,  
The laughter, the song,  
The good life I lived,  
While I was strong.  
Continue my heritage,  
I'm counting on you,  
Keep smiling and surely,  
The sun will shine through.

My mind is at ease;  
My soul is at rest.  
Remembering all,  
How I truly was blessed.  
Continue traditions,  
No matter how small.  
Go on with your life,  
Don't worry about falls,  
I miss you all dearly,  
So keep up your chin,  
Until the day comes,  
We're together again.

## *Acknowledgement*

The family wishes to express their sincere appreciation to all who gave their services, prayers, and their kind expressions of sympathy during our time of sorrow. As you assemble with us today, we thank you for your love and concern from the depths of our hearts.

The Family

Professional Services Provided By

*West*

**Charles A. West**  
**Funeral & Cremation Service, LLC**  
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Website: [www.westfuneralservice.com](http://www.westfuneralservice.com)

Email: [westmortuary@gmail.com](mailto:westmortuary@gmail.com)

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# **Order of Service**

Processional

Prayer of Comfort.....Rev. Louise Scott-Rountree

Old Testament Reading (Psalms 90:9-14).....Min. Mary Chestnut

New Testament Reading (Matthew 5:1-12).....Jayla Nii-Moi

Musical Selection.....Min. Donnie Harper & Sis. Betty Davis

Acknowledgements.....Gloria Robinson

Obituary.....Lauren Williams

Reflections..... Please limit remarks to two minutes

Musical Selection.....Min. Donnie Harper & Sis. Betty Davis

Celebration Message..... Rev. Dr. George Blackwell, III

Recessional.....Clergy, Family & Friends

## **Interment**

Graceland Memorial Park  
Kenilworth, New Jersey

### **Repast:**

Following the interment, family and friends are  
invited to return to the church for the repast.

