Celebrating The Life of Nadja Naquell Frederick



Sunrise September 7, 1974

Sunset
January 29, 2019

<u>Service</u>

Saturday, February 9, 2019 - 4:00 p.m.

UNITY FUNERAL CHAPELS, INC.

2352 8th Avenue • New York, NY 10027 *Rev. Dr. Sidney Hargrave, Officiating*

Poetry Tribute

When I Must Leave You

When I must leave you for a little while Please do not grieve and shed wild tears And hug your sorrow to you through the years But start out bravely with a gallant smile And for my sake and in my name Live on and do all things the same Feed not your loneliness on empty days But fill each waking hour in useful ways Reach out your hand in comfort and in cheer And I in turn will comfort you And hold you near And never, never be afraid to die For I am waiting for you in the sky!

-Helen Steiner Rice

To My Loved Ones

No reason for sorrow, no reason to cry. Look toward tomorrow and I'll tell you why my memories of you and yours of me are filled with love and laughter forever. You'll see no reason to worry, nor question God as to why you have lost me. No reason to say goodbye.

It's time for my journey home, a beautiful and peaceful trip that I must make alone. So just be strong and keep a smile, we'll only be apart for a little while. The love I've known is a very special part, the love I've shown came straight from the heart.

I leave you now to go on my way to a wonderful place where we'll be together someday. No reason at all as you can see. I'm with my Lord. He'll take care of me.



<u>Obituary</u>

Nadja Naquell Sims was born on September 7, 1974 in Brooklyn, New York. She is survived by her mother, Harriet Turner, sisters, Baheejah and Nefeesah, her father, Mark Sims, and brother, Mark, Jr. Nadja was the eldest of her siblings.

Nadja grew up in New York, until she moved to South Carolina, where she graduated from Camden High School. She attended Winthrop University on a scholarship, but decided to pursue a career in the United States Air Force. She was stationed in Colorado, where she worked on satellites. At her honorable discharge she obtained the rank of Sergeant. After active duty in the Air Force, Nadja continued duty in the service of her country, in the Air National Guard. She leveraged her technology training in roles with various Fortune 500 firms. After her career in technology, Nadja found her passion in the Food and Beverage Industry where she held several positions.

Nadja met and married the love of her life, Dorian Frederick. They were married for 18 years, and together for 22 years. They have one son, Dorian II.

During the time of writing this obituary, we were reflecting on how many people shared stories of Nadja's love and generosity of spirit. Nadja never looked at one's station in life only their humanity. Nadja was a warm, nurturing, loving woman, whose inner and outer beauty was truly a gift from God, that was shared with many.

Nadja is preceded in death by her grandparents, Mary and Isaac James, and Alberta and Harry Sims; and aunt, Cynthia James. She leaves to cherish her precious memories: husband, Dorian; son, Dorian II; in-laws, Donald, Sr. and Sandra Frederick; stepmother, Cassie Sims; stepfather, Anthony Turner; step-brother, Shawn Devlin; step-sister, Angelique Turner; godmother, Wendy Edmead; and a host of other family and friends.









The family acknowledges with deep appreciation all acts of kindness extended to them during this bereavement hour. May God bless you for all your thoughtfulness and concern.

2352 8th Avenue • Manhattan, NY • (212) 666-8300 1406 Pitkin Avenue • Brooklyn, NY • (718) 774-1023 1018 Prospect Avenue • Bronx, NY • (718) 542-3833

Clifford V. James, President & CEO www.unityfuneralchapels.com email: unityfc@aol.com



