



In Loving Memory of
Allen Forest

Sunrise: May 6, 1949
Sunset: November 10, 2017

Memorial Service

Saturday, November 18, 2017 - 4:00 p.m.

UNITY FUNERAL CHAPELS, INC.

2352 8th Avenue • New York, NY 10027

Rev. Lee Arrington Officiating

Bobby Arrington, Organist

Obituary

Allen Forest was born in Harlem Hospital on May 6, 1949 to Dolores E. Forest. He was the second born of a sibling group of four.

Allen received his formal education in the New York City Public School System. He graduated from Charles Evan Hughes High School in 1967. Allen was an avid reader and a tower of strength.

In the 70's, Allen worked various jobs at ConRail/Amtrak. He later began a career starting as a Ready Willing & Able/Doe Fund 1995 Graduate, which led to an opportunity where he became a dedicated employee/Assistant Director until he retired in 2016. He took his job seriously and wrapped his heart around his work. Even though sometimes he presented himself as being hard, those who really knew him, knew he was a gentle and compassionate man with a big heart.

Allen was admired, loved and respected by many and he enjoyed spending his time with family on holidays.

The sun set for Allen on November 10, 2017. He leaves to cherish his memory: a brother, Hassan Abdul-Wahid; a sister, Peggy X. Forest; eight nieces, Lisa Bailey, Tomara Forest, Nakiamalikh Forest, Kolie Forest, Wazirah Wallace, Teewana Malcolm, Tarvatta Simmons-Nanton and Tiahekie Simmons; three nephews, Damien Forest, Hassan, Jr. and Trevar Bailey; including a host of other relatives and friends.

Order of Service

Processional

Selection

Scripture Readings

Prayer

Selection

Acknowledgements

Remarks

Obituary

Selection

Eulogy

Committal

Recessional

Final Disposition

*Woodlawn Crematory
Bronx, New York*

Miss Me, But Let Me Go

*When I come to the end of the
road and the sun has set for me,
I want no rites in a gloom filled room,
Why cry for a soul set free?
Miss me a little-but not too long,
and not with your head bowed low.
Remember the love that we once shared,
Miss me-but let me go.
For this is a journey that we all must take,
And each must go alone.
It's all part of the Master's plan,
A step on the road to home.
When you are lonely and sick at heart,
Go to the friends we know.
Laugh at the things we use to do
Miss me-but let me go.*

-author unknown

Acknowledgement

*The family acknowledges with deep appreciation all acts of
kindness extended to them during this bereavement hour.
May God bless you for all your thoughtfulness and concern.*

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