



I'M FREE

*Don't grieve for me, for now I'm free
I'm following the path God laid for me
I took his hand when I heard Him call
I turned my back and left it all.
I could not stay another day.
To laugh, to love, to work or play.
Tasks left undone must stay that way,
I found that peace at the close of day.
If my parting has left a void,
Then fill it up with remembered joy.
A friendship shared, a laugh, a kiss,
Oh, yes these things I too will miss.
Be not burdened with times of sorrow,
I wish you the sunshine of tomorrow.
My life's been full, I savored much.
Good friends, good times, a loved one's touch.
Perhaps my time seemed all too brief,
Don't lengthen it now with undue grief.
Lift up your heart and share with me,
God wanted me now, He set me free!*

ACKNOWLEDGEMENT

The family acknowledges with deep appreciation all acts of kindness extended to them during this bereavement hour. May God bless you for all your thoughtfulness and concern.

Professional Services Provided By

COTTON FUNERAL SERVICE
130 Main Street
Orange, NJ
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973-926-6400

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COTTON-PARKER FUNERAL HOME
37 Clinton Avenue
Jersey City, NJ
201-433-1000



HOME GOING SERVICE FOR



cathrine
M. TROY

FEBRUARY 17, 1947 - SEPTEMBER 4, 2026

TUESDAY, SEPTEMBER 15, 2026 - 10:00 A.M.

Cotton Funeral Service
1025 Bergen Street • Newark, New Jersey

www.honoryou.com

OBITUARY

Cathrine M. Troy, a beloved Christian woman whose life reflected faith, and love, was born on February 17, 1947, in St. Pauls, North Carolina. She peacefully departed on September 4, 2026, in Newark, NJ.

She was the cherished daughter of the late Mazie and David Troy, and from her earliest days she carried the strength, dignity, and determination that would come to define her life. Cathrine was educated in North Carolina's school system, where she built the foundation for a life marked by steady work, enduring faith, and devotion to the people she loved. She understood that life is not only measured by the years we live, but by the kindness we show, the burdens we help lift, and the hope we leave behind in the hearts of others.

After moving to New Jersey, Cathrine worked faithfully in factories, at GoodWill, and at CareOne Nursing Home as a housekeeper. In every place she served, she brought a spirit of diligence, humility, and care. She believed in doing her best, no matter the task, and she carried herself with the quiet grace of someone who knew that honest work is honorable work. Her life was a testimony that even the simplest acts, when done with love, can become a blessing to many. She did not seek applause, but she earned respect through her consistency, her warmth, and her willingness to keep going when life became difficult.

Her faith in Christ was central to who she was. Cathrine lived as a Christian woman who trusted God through joy and sorrow, through gain and loss, and through every season in between. She knew that the Lord is a present help in times of trouble, and she leaned on that truth with a steady heart. Her life encouraged others to keep believing, to keep praying, and to keep moving forward even when the road was hard. She was a living reminder that faith does not always remove the storm, but it gives the believer strength to stand in it.

Cathrine found joy in the simple and meaningful things of life. She enjoyed crossword puzzles, dancing, and spending time with her family. In her later years, she would exercise with the elders in her

building, showing that age never stopped her from staying active, engaged, and full of life. She carried a spirit that could brighten a room, and she valued the fellowship of loved ones and neighbors. Her presence was comforting, her smile was memorable, and her love for family was evident in the way she listened, encouraged, and remained connected.

She was preceded in death by her mother and father, Mazie and David Troy, her sons, Maurice and Thaddeus Troy, and her sister, Elizabeth Stephens. Though these losses were deeply felt, Cathrine continued to live with courage and grace, trusting God to sustain her. She leaves to cherish her memory; her daughter, Stephanie Troy-Simpson (Jean Simpson); her sisters, Louise Mitchell (James Mitchell) and Marie Troy; her brother, Ricky Troy; and her brother-in-law, Nathaniel Stephens. She is also remembered lovingly by her grandchildren, Yahsmine Henry, Dashawn Hall, Kawuan Lynn, Al-Tahir Troy, and Rashawn Stuckey, as well as by her great-grandchildren, Alyssa and Ahmed Henry, Harmony Stuckey, Kayleigh and Kyla Hall, Nio'ore Smoot, and Aniah and Kawuan Lynn Jr. She also leaves a host of nieces, nephews, relatives, and friends who will continue to cherish her memory and honor the legacy she leaves behind.

Cathrine's life teaches us that a faithful heart can make a lasting difference. She did not need grand titles to be great, because her greatness was seen in her love, her labor, and her steadfast spirit. She lived in a way that reminded others to be strong, to be kind, and to trust that God is able to carry us through every valley. As the words of Maya Angelou remind us, "People will forget what you said, people will forget what you did, but people will never forget how you made them feel." Cathrine made people feel seen, valued, and loved, and that is a beautiful legacy.

Today, we celebrate the life of Cathrine M. Troy with gratitude. Though her earthly journey has ended, her influence remains alive in the hearts of those who knew her. She has finished her race, kept the faith, and now rests in the peace of her Savior. May her memory continue to inspire all who loved her to walk in faith, live with purpose, and hold fast to the promise of eternal life.

ORDER OF SERVICE

Processional

Selection

Words of Comfort

Rev. Edward Allen

Scripture Readings

Deacon Sharon Browne

Old Testament

New Testament

Poem

Dashawn Hall

Acknowledgements

Obituary

Yahsmine Henry

Selection

Eulogy

Rev. Edward Allen

Selection

Viewing

Recessional

Interment

Rosedale Cemetery

Linden, New Jersey