























Reflections of Life

I have fought the good fight, I have kept the faith, I have finished the race.

Irene Sims Stowers was born on July 5, 1937 to the late James and Marie Jakes Sims and from that union were her sisters, Selena, Marjorie, Ophelia and Sandra and her brothers, John and Winston.

Irene was married to the late John Russell Stowers, Sr. and that union was blessed with four children; Sheryl, John Jr., Ronald and Kathlene.

Educated in the Newark School system, Irene earned her undergraduate and then master's degree in Public Administration with a concentration in psychiatric care from Kean University. In her professional life as a Registered Nurse, Irene worked at various medical institutions which include East Orange General, St. Barnabas and UMDNJ just to name a few. She loved helping and caring for others. Her life was filled with doing good deeds.

Irene loved to sing God's praises. Her interest in music began at an early age. During high school she was a member of the New Jersey All State Choir. She also sang with the Albert Burke ensemble, Essex Chorale and her church choir. Her favorite songs were "Touch Somebody's Life" and "If I Can Help Somebody Along The Way, Then My Living Will Not Be In Vain".

Irene was a lifelong member of Union Chapel AME Church where she sang with the senior choir. She later joined Mt. Pisgah AME Church where she was also very active with the choir. Irene recently returned to her home church where she remained a faithful member until her health failed.

Irene was full of life and always had a funny story to tell. You could find her calling bingo at the Union Chapel Community Development senior program, telling everyone to turn up their hearing aids.

Irene was a strong woman of character who loved her family. She was a devoted grandmother and great grandmother whose presence will be missed.

Irene Sims Stowers made her transition from labor to reward on Saturday, April 4, 2015. She was preceded in death by her daughter, Sheryl; son, Ronald; sisters, Selena Brown and Ophelia Sims and brother, John Sims.

Irene's memory will be cherished by: son, Rev. John Russell Stowers, Jr. (Doretta); daughter, Kathlene Stowers; sisters, Marjorie Johnson, Sandra Slade (Solomon); brother, Winston Sims (Deborah); grandsons, John R. Stowers II (Michelle), Ronald, Joshua, Jared and Jabin; granddaughter, Jordan; great granddaughters, Leah and Jessica; daughter-in-law, Delores Stowers; and a host of nieces, nephews and others relatives and friends.

Irene will be greatly missed!!

Lovingly and Sorrowfully submitted,











Order of Service

Organ Prelude	Min. Steven Hill
Processional	"Troubles of the World"
Opening Hymn "I Am Thine O' Lord" (Hymn #283)	
Invocation	
Song of Assurance	Sir Joshua Nelson
	"If I Can Help Somebody"
Reading of Gods Word Old Testament-Psalm 139:1-8	Rev. H. Sparkman
New Testament-II Corinthians 1:3-1	1Rev. C. Jones
Ministry of Music	Essex Chorale "We Shall Walk Through The Valley"
Prayer of Comfort	Rev. Anthony Mitchell, Sr.
Words of Tribute and Remarks	
Ministry of Music	Essex Chorale
	"Give Me Jesus"
Acknowledgements and Obituary	Patricia Smith
Song of Triumph	Sir Joshua Nelson "How I Got Over"
Eulogy	
Recessional	

Interment

Glendale Cemetery Bloomfield, New Jersey

Immediately following the interment family and friends are invited back to the church fellowship hall for a repast.



Don't spend too much time in mourning, Tears are for the sad; I left to be with Jesus And this should make you glad. Don't waste your hours in grieving, No need to feel distress; I'm tired of life's frustrations And had to get some rest. Don't puzzle yourself with question. Or try to reason why Life here for me was ended, It came my time to die. Don't lose the love I gave you Feed it with your care; Grow it with devotion And spread it everywhere. Don't fret because my leaving Came in such a way; We'll have another meeting In God's eternal day.

-Author unknown

<u>Acknowledgements</u>

The family of Irene Sims Stowers wishes to thank all who have extended support for, spoken a kind word to, or done some act of kindness during their time of bereavement. May God bless you all for your thoughtfulness and concern.

Professional Services Provided By

Woody "Home For Services"

Kyjuan T. Westry, Funeral Director-NJ Lic. No. 5065

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