

In Loving Memory of



Helen Odessa Lowery

December 24, 1933 – May 24, 2014

Reflections of Life

A Time to Be Born – Helen Odessa Lowery was born in South Boston, Virginia on December 24, 1933. She was the first of 2 children born to Nannie and John Brooks. During her early childhood, her family relocated to Paterson, NJ. She was educated in the Paterson School system and then became a Licensed Practical Nurse in 1958.

A Time to Plant – Helen met and married the late Jesse James “BeBe” Lowery in 1948 in Paterson, NJ and they were married for over 40 years. Together they shared a happy life and raised three children, Sondra, Tariq and Patricia. She worked as a nurse for over 50 years at different medical facilities including, The General Hospital of Paterson, NJ, Mt. Carmel Guild of Paterson, NJ, and the Veteran’s Hospital in East Orange, NJ. She also worked for over 10 years as a nurse at the Passaic County Jail in Paterson, NJ and retired in 1996. After retiring, she continued to work for a few years as a nurse at the Avenel, NJ Corrections Facility.

As a widow later in life, she was blessed to have a loving companion for over 20 years, James Chestnut.

Helen was a devoted wife, mother, daughter and friend, and she used her nursing skills to be a caregiver to many members of her family. She loved to travel, listen to blues music and she had a great sense of humor. She especially enjoyed her trips to Atlantic City with her sister. She was dearly loved by her family and friends.

A Time to Mourn, A Time to Love, A Time of Peace

On Saturday, May 24, 2014, after 80 years of a full and happy life, Helen peacefully departed this life.

Predeceased by her late husband, Jesse James “BeBe” Lowery and her mother, Nannie Trent, she leaves to cherish her memory her 3 devoted children, Sondra Lowery of North Brunswick, NJ, Tariq Shahid (Sakinah) of New York, NY, Patricia Miller (Jerome) of Suffolk, VA; a sister Gladys Brydie of New York, NY; her long-time companion James Chestnut of Chesapeake, VA; her long-time friend, Hildred Arvine of Richmond, VA; 10 grandchildren, Norman Earl, Krystle Boyd, Nikeem Earl, Nevin Earl, Naiam Earl, Samoa Earl-Hartry, Jenna Shahid, Lesley Steele, Britney Ervin, Keshorna Miller; 18 great-grandchildren and one great-great grandchild as well as a host of nieces, nephews, relatives and friends.

Saturday, May 31, 2014 - 11:00 a.m.

CARNIE P. BRAGG FUNERAL HOME

256 Rosa Parks Blvd.

Paterson, New Jersey

Brother Tariq Shahid, Officiating

Order of Service

Seating of Family

Selection

Scripture reading
Patricia Miller

Obituary
Samoa Earl-Hartry

Acknowledgements
Jenna Shahid


Family Tribute
Samoa Earl-Hartry

Eulogy
Tariq Shahid

Recessional

Interment

George Washington Memorial Park
Paramus, New Jersey



You can shed tears that I am gone
Or you can smile because I have lived

You can close your eyes and pray that I will come back
Or you can open your eyes and see all that I have left

Your heart can be empty because you can't see me
Or you can be full of the love that we've shared

You can turn your back on tomorrow and live yesterday
Or you can be happy for tomorrow because of yesterday

You can remember me and only that I am gone
Or you can cherish my memory and let it live on

You can cry and close your mind,
be empty and turn your back
Or you can do what I would want: smile,
open your eyes, love and go on.

Acknowledgement

*The family of the late **Helen Odessa Lowery** wishes to acknowledge with deep appreciation the many expressions of love, concern and kindness shown to their family during this hour of bereavement. May God Bless and Keep You!*

Professional Services Provided By

CARNIE P. BRAGG FUNERAL HOMES, INC.

Caring for the Community Since 1937

256 Rosa Parks Blvd. • Paterson, NJ 07501 • (973) 278-6330

143 Myrtle Avenue • Passaic, NJ 07055 • (973) 779-1892

To send online condolences, visit www.braggfuneralhome.com



www.honoryou.com