

Obituary

Harold Randell "Rock Bear" Arrington was born in Newark, NJ on April 2, 1963 to Herman and Marilyn Bell.

He attended Vailsburg High School. After graduation he was emplyed by Tropicana Warehouse as a dock loader. After that employment he worked construction work with varies companies. After completing Vocational School Training he became an HVAC Mechanic and was employed at Leggins Fabrications.

Harold succumbed to eternal rest on May 23, 2013. He leaves to cherish his memory his mother, Marilyn Bell; his aunts, Jessie Peters, Novella Arrington, Salina Arrington, Natalie Bell, Jacqueline Bell; sisters, Tammie Arrington-Elam and Janette Arrington-Leggins; first cousins, Gilves Arrington, Shannon Arrington, Terrance Arrington, Chauncey Arrington, Maurice Boyd, Tijuana Arrington, George and Sharnette Arrington, Brian Basim and Qadirah Arrington, Latonya Arrington, Milton Peters, Jr., Eugene and Sandra Arrington, Michael Arrington and Raymond Brown; brother-in-law, Eddie Leggins, Sr.; three nephews, Jalil Cook Elam, Eddie Leggins, Jr., Eelijah Leggins; one niece, Jamilah Elam; and a host of other loving relatives and friends.

Proceeded by his uncles, James Arrington, Jr., Leroy Arrington, his aunts, Joyce Arrington, Janette Arrington, his cousin, Shondel Arrington and Stephan Arrington and brother-in-law, Jamil James Elam.

Order of Service

Processional

Hymn of Praise

Scripture

Selection

Acknowledgements

Reflections

Obituary

Selection

Eulogy

Recessional

Cremation

Fairmount Crematory Newark, New Jersey

When I Must Leave You

When I must leave you for a little while
Please do not grieve and shed wild tears
And hug your sorrow to you through the years
But start out bravely with a gallant smile
And for my sake and in my name
Live on and do all things the same
Feed not your loneliness on empty days
But fill each waking hour in useful ways
Reach out your hand in comfort and in cheer
And I in turn will comfort you
And hold you near
And never, never be afraid to die
For I am waiting for you in the sky!

-Helen Steiner Rice

Acknowledgements

The family wishes to express their deepest and most sincere thanks to all who shared with them in this time of sorrow.

May God bless and keep you in a most gracious way.

Professional Services Provided By

CHAPELS OF EDEN FUNERAL HOME

110 South Munn Avenue East Orange, NJ 07018 ph (973) 674-6100

