



In Loving Memory of

Sunrise: December 5, 1928 - Sunset: October 11, 2010

*Frieda
Nelson
Thomas*

*Wednesday, October 20, 2010
6:00 p.m.*

UNITY FUNERAL CHAPELS, INC.

2352 8th Avenue
New York, New York 10027

*Rev. Edward Culvert, Officiating
Min. Tyrone Richardson, Organist*

Obituary

Frieda Nelson-Thomas was born in NYC on December 5, 1928 and educated in the NYC School system.

She married Jack Thomas and three children were born of that union: Jerome, Jacquelyn and Lamont.

In the 60's, Frieda (at just 4 ft. & change) was employed as Superintendent of the Clay Avenue building in the Bronx where she resided, a job held mostly by males. Frieda did heavy manual labor there in order to keep a roof over her family's heads. Later, Frieda was employed by NYC Department of Social Services Income Maintenance Unit, where she was a Senior Clerk at the Melrose office in the Bronx. Frieda's caring nature enabled her to enjoy her job because she loved to help people and she made friends there easily. However, she retired early to care for her twin grandsons. Frieda was a loving and devoted grandmother. Nothing came before her grandchildren. She was affectionately called Nana.

To know Frieda is to love her and to understand that she had a restless spirit that resulted in her relocating frequently within the city and included three states other than New York: South Carolina, Richmond and California. However, wherever she moved there was a stove and she loved cooking good soul/comfort food, enjoyed feeding others and enjoyed her own tasty meals. She used to say she loved her cooking the best!

Left to celebrate Frieda's life are: her son, Jerome and daughter, Jackie; brother, Fred D. Nelson; sister, Navaro Alberts; daughters-in-law, Valerie and Angel; grandchildren, Kevin, Lynette, Kathy, Jerald, Stephanie, Jerome, Jr., Alonzo and Raymond; nephews and nieces, Gregory, Lance, Raymond, Leana, Ana, Frederick D. Nelson and Georgette N.; great nieces and nephews, Ashton, Iraina, Samantha, Anthony, Kim, Tanya, Little Freddie and Myron; and other relatives and friends.

Frieda took on each new day with renewed courage.
She did not complain!

Order of Service

Processional

Selection

Scripture Reading

Prayer

Selection

Acknowledgements

Remarks

ObituaryGregory Nelson

Eulogy Rev. Edward Culvert

Selection

Committal

Viewing

Recessional

Final Disposition
Oxford Hills Crematory
Chester, New York

MY SUFFERING IS OVER...

*Don't fret because of my leaving
It came in such a way
We'll have another meeting
In God's eternal day.*

*~Love,
Nanna*

Acknowledgement

The family wishes to express their deep appreciation and sincere thanks for your kindness during a time of sorrow.



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"Your Loved Ones Deserve The Best - Unity"